

## Instant Improvement of Dentistry with NAT Structuring Units 2015

These are 2 must-watch videos for information about mercury toxic vapors coming from mercury amalgams. The movie, Evidence of Harm, Oct. 2015 furthers this message.

Video #1

<http://www.drwolfe.com/video>

**Scroll down to Bill Wolfe, DDS "Teeth & Body: Energetic Interrelations", New Mexico's Naturopathic Medical Show**

As you will see in the first 15 minutes of Dr. Wolfe's video, 50 mcg/m<sup>3</sup> is where mines are shut down under law by EPA and fined \$10,000.

Video #2

This 9 minute video is a MUST watch to understand the release of mercury vapor in dentistry...Watch, then present it to your dentist!

[https://www.youtube.com/watch?v=Trc9Ur\\_AJc0](https://www.youtube.com/watch?v=Trc9Ur_AJc0)

### **The Good News**

*We can change this problem of mercury toxicity immediately!*

In this film, it is stated that the amount of mercury released during an amalgam removal can reach levels up to 4,000 mcg/m<sup>3</sup>. This is virtually 4,000 times the amount at which mines get shut down.

Perhaps the mines will accept structured water and air before dentists will?

In the meantime, can we safely say that patient and practitioner alike are being exposed to enormous toxicity? Is this too far of a conclusion for people to reach?

Or, do we need more conclusive evidence that good people such as dentists, staff, and their patients are suffering daily through the years?

We are confident based on prior tests that air produced through NAT Structuring Units and used in dental procedures with intelligent, directed application *will* neutralize the toxic mercury vapors.

Said differently, NAT Structuring Units and other structuring devices can clean up the toxic dental environment. Again, **we can change this health problem immediately!**

Best to all,  
Tim Toula  
NAT Research  
Dec. 2014

This is a first look at how structured air and water can be brought into this procedure to neutralize the mercury vapors exposed during this currently toxic process and more.

### **Instant Improvement of Dental Practice with NAT Structured Energetics**

Through testing Natural Action Technologies, Inc. structuring devices, we have witnessed, tested, and processed repeatedly many interesting biologic phenomena:

1. Toxicities can be neutralized. (See *Jerome J405 Testing 2015* paper.)
2. Because of increased hydration and oxygenation from these units, health can be restored to patients much quicker than ever before.

This can be simply and easily implemented immediately to greatly improve the practice of dentistry with these understandings from NAT Structuring Units:



NAT Portable Unit



NAT House Units

- 1. Neutralization of Harmful Vapors**
- 2. Structured Harm-free Dental Restorations**
- 3. Dental Infection Prevention**
- 4. Patient Relaxation and Optimized Staff Function**

#### **1. Neutralization of Harmful Vapors**

Neutralization of harmful mercury vapors and glues in the extraction of mercury fillings can be accomplished through inline use of NAT Structured Units to water and air flow directed to the patient's oral cavity in the dental office. This action safeguards both patient, dentist, and dental staff. We have done recent studies with the Jerome J-405 Mercury Vapor Analyzer, an industry standard tool in mining and dentistry for showing the presence of toxic mercury vapors. Our studies have shown consistent reduction of harmful mercury vapors from various levels down to 0.00 as NAT structuring units were in place to structure the air in the oral cavity. These tests are consistent, repeatable, and scientific. Any one versed with the Jerome J-405 Mercury Vapor Analyzer could follow the testing format and repeat them. This creates a neutralized mercury toxic environment during amalgam removal and use for the patient, the dentist, and the dental staff.

## 2. Structured Harm-free Dental Restorations

Creating dental restoration materials that are both compatible with the body and create no harmful short term or long term toxicity in the oral cavity is possible with NAT Structured Units because of the air and water created with them. We know that structured air and water applied to the dental materials and dental cements and resins will create neutral, toxic free materials with stronger binding power. We have tested specific natural agents mixed with these dental cements to be a non-harmful, positive energetic for restorative materials.

## 3. Dental Infection Prevention

The use of NAT structured air and water in purging and preventing dry socket is highly recommended. Structured water has been shown to neutralize the energetic toxicity of 4 different pathogens: Giardia Lamblia, Staph. Pyogenes, Candida Fungus, E. Coli. We know structuring neutralizes the toxicity of *these* common pathogens, just as it does mercury vapors.

We see it here as a vital tool in dental infection prevention. How many dry socket and other potentially painful infection states can be eliminated with structured air and water during dental processes?

(Of course, proper nutritional levels need to be attained with the patient to ensure a continuous high reservoir of Vitamin C, calcium lactate/trace minerals, and Essential Fatty Acids in their nutrient bank account BEFORE and AFTER dental procedures. Also, pre-dental emotional clearing and stress reduction about dental procedures and in general PRIOR to treatment will allow patients to enjoy better organ energetics along with quicker recovery rates.)

## 4. Patient Relaxation and Dental Staff Function

Structured Breathing for dental procedures such as fillings, removals, etc. can relax the patient, dentist, and staff prior to and during dental surgery. See papers *Instantaneous Changes from Structured Breathing (Part 1 and 2)*. [www.naturalactionwater.co](http://www.naturalactionwater.co)

Structured Breathing has been tested and proven with Gas Discharge Visualization (GDV), Applied Kinesiology, and other forms of testing such as TCM pulse tests (see below). It has been experientially felt in patients and performers of various skills to relax and reduce stress levels. We have seen respiration rates drop consistently with test subjects. Pulses balance with the influence of structured breathing! For overall performance, this translates to higher levels of brain and body function!

Patients remark how much more calm and relaxed they feel as they go through their life, once they have enjoyed structured breathing. This is because Structured Energetics from NAT Structuring Units has been shown to balance the pulses and open and regulate the function of the Autonomic Nervous System. The application of NAT structuring units to the dental office environment would be of great benefit for both patient and practitioner.

Tim Toula

NAT Research

[www.naturalactionwater.co](http://www.naturalactionwater.co)

11/28/2014-6/11/15

## Question 1

**“What would be the easiest way to have people experience the improvements that occur to their function with structured breathing?”**

The Vital Signs are known throughout Western Medicine as standard indicators of body health and stability. They are as follows:

1) Blood Pressure, 2) Temperature, 3) Pulse Rate, and 4) Respiration Rate.

While we have noted significant changes in all 4 of these Vital Signs with test subjects. We noticed that the greatest percentage of people recognize a significant shift in Respiration Rate through Structured Breathing.

So, we took a population sample of 6 people, three male and three females ranging in age from 21 to 75. We had them measure their number of breaths taken in one minute (60 seconds). Then, we had them all breathe thru an NAT Portable Unit at the same time, i.e., 1 breath through each of the 5 Step Breathing Process as seen at [www.naturalactionwater.co](http://www.naturalactionwater.co)

The amazingly interesting results are shared here:

	<b>Breaths per minute Before S.B.</b>	<b>Breaths per minute After S.B.</b>
Male 75	12	8
Male 51	10	8
Male 22	9	7
Female 51	12	10
Female 45	8	5
Female 21	18	8

**Results of Structured Breathing (S.B.) for approximately 1 minute. (5 Breaths through an NAT Structuring Unit. 1 Breath through Each of the 5 Steps.)**

**“Normal respiration rates for an adult person at rest range from 12 to 16 breaths per minute.” - John Hopkins Medicine**

Notably, each person experienced a drop of 2 breaths per minute or more! As a person reduces their breaths per minute, we see more efficient oxygenation of the cells and tissues within the body. **Stress reduces instantly!** They become more **relaxed**. Even more, each person began with ANS (Autonomic Nervous System) dis-regulation primarily because of emotional interference. After Structured Breathing, the ANS tests were now open, indicating that even emotions had released and brain function was increasing regulation.

Another noteworthy test was that before the Structured Breathing, each person was asked to compare their right carotid artery to their left carotid artery. Every person before the Structured Breathing could tell obviously that one side was larger than the other revealing

imbalanced blood flow to the brain. After the Structured Breathing, the pulses were noticeably even, or, much more closer to even AND more alive and energetic!  
**Balanced blood flow to the brain = HEALTH! = Green light for structured breathing!**

The event of structuring water, or with these tests, structuring air through breathing thru an NAT structuring unit brings the body back to balance, creates less stress, and greater oxygenation. Are you ready to take this 1 minute breathing test?

### Answer to Question 1

While we are still looking for exceptions to these positive outcomes, most all people will instantly and easily notice daily benefits from Structured Breathing whether with IDE vials or NAT structuring units in the form of less stress, greater oxygen uptake (less breaths/minute), and better blood flow balance.  
Isn't it time to conclude for yourself?

-Tim Toula for Natural Action Technologies Research, 11/20/2014

### Question 2

**What happens to human energy with Ionized or Structured Breathing?**

### GDV Comparison

**Normal Waking Physiology compared to Physiology After IDE Breathing Kit**



Foto 1. After rough night sleeping, A=3.09. Emotions into a deficiency state on left side of body. Notice carefully the sharp angles in Foto 1. Compare to Foto 2, then 3. Angles note emotionality causing lack of physiological congruency (glitches) in the body.

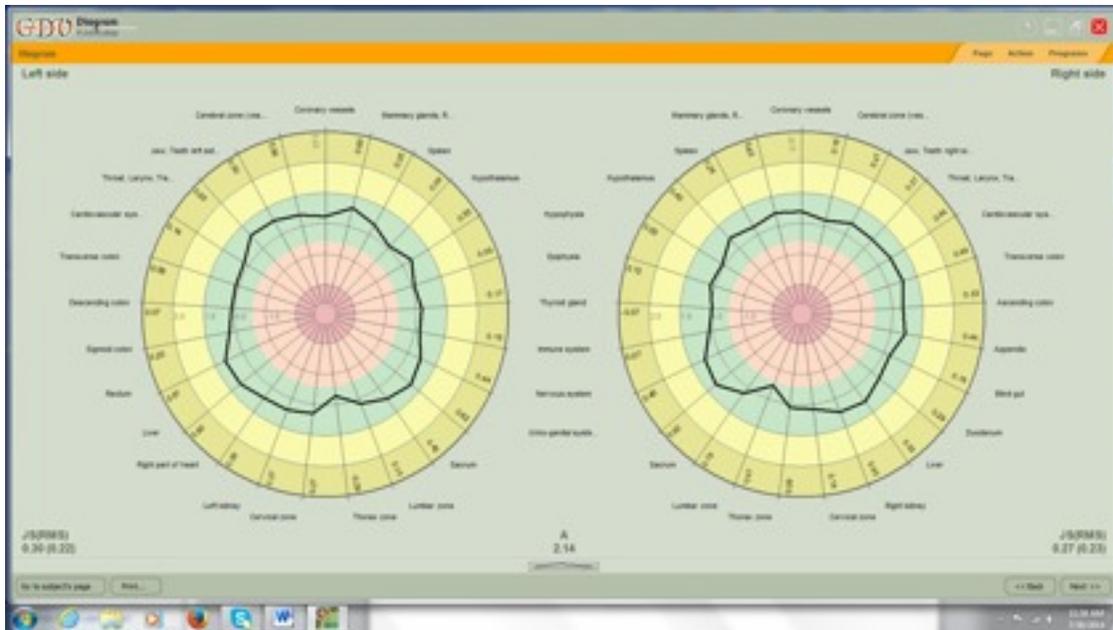


Foto 2. After 1 Inhalation of Structured Breathing Kit Vial 1s. Notice the lack of Angularity and the shift in the 'A' rating of 3.09 to 2.14. These indicate a significant stress reduction!



Foto 3. After 1 breath with Salt Adapter and Structured Breathing Unit. The A coefficient is now down to 1.40 and circles are much smoother. Laterality of numbers are close to even.

### Answer to Question 2

The GDV Fotos show the Structured Breathing Kit has significantly balanced and caused a healing effect to this participant by 1) reducing stress levels, 2) improving the balance of energy on both sides of the body, and 3) smoothing out the angles of emotionality.